

Pre Camp Health Screening Form

Alpengirl Camp - Due Upon Camp Arrival (REQUIRED)

7-Day Pre Camp Quarantine

Quarantine for 7 days prior to camp arrival.

During the 7 day quarantine, campers should interact only with their immediate family, and should not attend other camps, social gatherings (e.g. playdates, weddings, parties), mass gatherings (e.g. sporting events, concerts, parades), or be in places such as restaurants, fitness centers, or movie theaters. If there are necessary interactions in public (e.g. doctor appointments, travel to camp) campers and their families should wear masks.

Quarantine Log

Parents, please check your camper's health and record it daily beginning 7 days prior to her arrival at camp (the last day of her symptom log should be the day before she arrives at camp.) In each log entry, indicate if your camper has any of the following symptoms and record a temperature daily.

Symptoms

- Cough
- Shortness of breath
- Difficulty breathing
- Fever
- Chills
- Muscle ache
- Sore throat
- New loss of taste or smell
- Nausea
- Vomiting
- Diarrhea

Day:	1	2	3	4	5	6	Day Before Arrival
Date:							
Temp:							
Symptoms:							

Screening Questions

On the day before camp arrival, parents please initial:

___ My child has not developed any of the symptoms listed above in the last 7 days that cannot be attributed to another health condition.

___ My child has not had close contact (within 6 ft for a total of 15 minutes or more) with a person who has tested positive for COVID-19 in the last 14 days.

___ My child will arrive to camp with documentation of a negative COVID-19 PCR test (test results received within 72 hours of camp arrival.)

IMPORTANT

If symptoms are present or you are unable to initial any of the above, do not travel to camp, consult our Stay At Home Guidelines on the Alpengirl website and contact the Camp Director immediately to determine if the camper will be accepted to camp or not.

My signature indicates that I have completed this form to the best of my knowledge. I understand that arriving to camp healthy is vital to camp safety and failure to provide this document may be grounds for dismissal.

Signature of Parent/Guardian: _____ Date: _____